

HOW TO HELP YOUR CHILD COPE WITH HIGH SCHOOL NOTEBOOK

A place to make notes and keep reminders from the webinar.

www.highschoolhub.com.au

A NOTE FROM JENNY



Thanks for joining me for this webinar. It's all about giving you practical strategies, sensible advice and extra resources to make this transition less stressful and to help your child be more confident and prepared for high school. And for you to know that you have support there, too.

Whether it's to do with homework, friendships or getting organised, jot down the ideas in here so you can refer to them later. What support does your child need to bring out their best?

Wishing you and your child all the best on this new adventure!

Jenny

Jenny Atkinson
Founder of Sparks Education Australia



SOME PIECES OF THE PUZZLE



**TRANSITION - A
TIME OF CHANGE**

HANDLING HOMEWORK

COPING WITH CHANGE

MEET THE TEACHERS

BEING INDEPENDENT

FRIENDSHIPS

GETTING ORGANISED

LINKS & RESOURCES

TECHNOLOGY

COPING WITH CHANGE



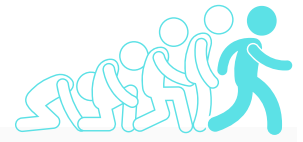
MAIN ACTION STEP

POINTS TO REMEMBER

■ _____	■ _____
■ _____	■ _____
■ _____	■ _____
■ _____	■ _____
■ _____	■ _____

NOTES

BEING INDEPENDENT



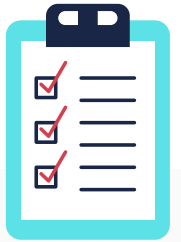
MAIN ACTION STEP

POINTS TO REMEMBER

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NOTES

GETTING ORGANISED



MAIN ACTION STEP

POINTS TO REMEMBER

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NOTES

TECHNOLOGY



MAIN ACTION STEP

POINTS TO REMEMBER

■ _____	■ _____
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NOTES

HANDLING HOMEWORK



MAIN ACTION STEP

POINTS TO REMEMBER

■ _____	■ _____
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■ _____	■ _____

NOTES

MEET THE TEACHERS



MAIN ACTION STEP

POINTS TO REMEMBER

■ _____	■ _____
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NOTES

FRIENDSHIPS



MAIN ACTION STEP

POINTS TO REMEMBER

■ _____	■ _____
■ _____	■ _____
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NOTES

TOP 5 ACTION STEPS

#1

#2

#3

#4

#5



MORE HELP FOR YOU



Amazon Best Seller



GET YOUR COPY OF THE PARENT BOOK

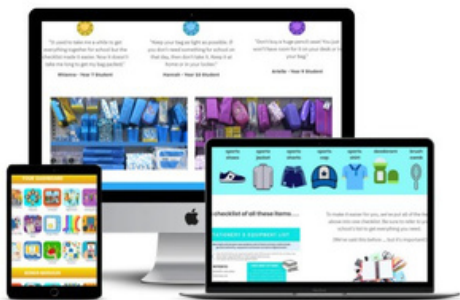
HIGH SCHOOL ROCKS: Make Starting High School An Awesome Experience

Based on the latest research, and with useful tips and success stories, you'll have everything you need to help your child thrive and have an awesome high school experience.

"This book should be compulsory reading for every parent of a Year 6 student. I am excited that such an excellent resource has been created – jam packed full of great stuff!"

Maggie Dent, Parenting Author and Educator

HIGH SCHOOL HUB



It's the easy way for your child to get the information and advice they need for a great first year in high school. Take away their worries and help them be prepared and confident for all the changes in high school. And they'll have fun while they learn!

www.highschoolhub.com.au



(ACCESS HERE)

Come & be a part of our 'High School Hub' Facebook Community. You'll find useful tips, advice and information for the high school years and share the journey with other parents like yourself.

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